

Medication Instructions

All patients must stop the following medications 1 week before surgery:

- Aspirin or aspirin containing medications
- Blood thinners (Coumadin, Lovenox, Plavix, Pradaxa, Xarelto, etc.)
- NSAIDs (Advil, Aleve, ibuprofen, naproxen, Motrin, etc.)

All patients having a **fusion** must stop the following medications before surgery as instructed below:

- Osteoporosis medications (Actonel, Atelvia, Binosto, Boniva, Evista, Fosamax, Prolia, Reclast, etc.) - stop 1 month before and 3 months after surgery
- Oral rheumatoid arthritis medications (Arava, Azasan, Azulfidine, Imuran, Plaquenil, etc.) - stop 2 weeks before and 2 weeks after surgery
- Injectable rheumatoid arthritis medications (Cimzia, Enbrel, Humira, Orencia, Remicade, Rheumatrex, Xeljanz, etc.) - stop 1 month before and 1 month after surgery
- Medications must be stopped **exactly 7 days** prior to surgery. If these medications are stopped in less than 7 days prior to surgery, your surgery will be cancelled (Ozempic, Trulicity, Mounjaro, Wegovy, Victoza, Zepbound, Adlyxine).

You may resume your medication as instructed by your physician. Please refer to your postoperative instructions to see when you may resume your medication after surgery.

If you have any questions or concerns regarding your medications, please contact your physician's office at 815-398-9491 for further recommendations.