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For further information contact:

Lynne Pratt
Marketing/Communications Director
Orthollinois
815-381-7382
lynnep@orthollinois.com

Orthollinois' Dr. Scott Trenhaile Published for Rotator Cuff Repair Research

ROCKFORD, Ill. (April 16, 2020) – [Dr. Scott Trenhaile](#), a board-certified orthopedic surgeon at [Orthollinois](#), was featured in the April issue of [Arthroscopy](#), the Journal of Arthroscopic and Related Surgery, for co-authoring an article about rotator cuff repair.

The article details a randomized controlled trial of 40 patients undergoing arthroscopic (minimally invasive) surgery for torn rotator cuffs who received a screw-type or coil-type anchor, which is hardware used as part of the procedure. The rotator cuff is a group of muscles and tendons that stabilize the shoulder joint, and tears are a common, painful injury in adults.

Results showed that both types of anchors can be used reliably for rotator cuff repair with similar clinical outcomes.

Dr. Trenhaile's practice at Orthollinois focuses on arthroscopic surgery of the shoulder, elbow, and knee, and treatment of sports- and activity-related injuries. He serves as team physician to many local sports teams at the high school, college, and professional levels, and as Clinical Assistant Professor at the University of Illinois College of Medicine and Assistant Professor at Rush Medical College and Rush University in Chicago. Dr. Trenhaile is a frequent speaker and instructor at orthopedic conferences throughout the world and has hosted dozens of international surgeons in Rockford seeking instruction on his advanced arthroscopic surgical techniques. He has been honored with the prestigious peer designation "Best Doctors" over multiple years.

About Orthollinois

Established in 1967, Orthollinois serves the northern Illinois region in multi-specialty orthopedics from offices in Rockford, Elgin, and Algonquin, and offers a full range of bone and joint care, including the specialties of neurosurgery, podiatry, physical medicine and rehabilitation, occupational health, and rheumatology. Orthollinois offers the ancillary services of physical therapy, MRI, and custom orthotics, and an outpatient surgery center. Visits are available with no appointments at the two Injury Express urgent care locations in Rockford and Algonquin. Visit www.orthollinois.com for more information.

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