

Frequently Asked Questions

Kelly Holtkamp, M.D.

Work Status

- Work status is determined by the injury or surgery performed.
- Restrictions will be provided upon request. If modified duty is not available, you will be off work. This is determined by your employer.
- In general, it is advised to remain off work for at least 24 hours following surgery.

Driving

- Absolutely NO driving while taking narcotic pain medications.
- Upper Extremity Splint BELOW the elbow (wrist cock-up, thumb spica splint)
 - The Illinois Secretary of State allows driving while wearing an upper extremity splint below the elbow. Please use good judgment as to whether you can safely grip the steering wheel to avoid a motor vehicle accident.
- Upper Extremity Splint ABOVE the elbow (Muenster, Long Arm Cast)
 - Driving while wearing an upper extremity splint above the elbow impairs your ability to drive. Therefore, driving is not recommended until the splint has been discontinued. Please use good judgment as to whether you can safely grip the steering wheel to avoid a motor vehicle accident.

Prescription Refills

- Narcotic medication requires a physician/physician assistant signature on watermarked prescription pad. Therefore, all additional prescriptions will require the patient to pick-up at the office.
- Do not call after hours or weekends for refill requests. The medical staff will not be available to process your request. The physician “on call” will not refill requests for pain medication. It is your responsibility to keep track of your pain medication. If the medication is running low and the weekend is approaching, please call the office at 815 455-0800 during business hours. Any calls received after 2:00pm will be addressed on the next business day.

Family Medical Leave Act (FMLA)/Short-Term Disability Forms

- All forms need to be delivered to the office to be completed.
- Please allow at least 5-7 business days for the form to be completed.
- In addition, there is a required questionnaire form to fill out to allow the medical staff to accurately complete the forms.