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Rockford Orthopedic Associates, Ltd.
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Curriculum Vitae

EDUCATION AND EMPLOYMENT

Undergraduate: Northwestern University
Evanston, Illinois
Major: Chemical Engineering with Biomedical Emphasis
Degree: B.S.; June 1985

Military: United States Naval Flight Officer (1985 – 1992)
Assigned to aircraft carrier-based F-14 TOMCAT Squadron
Honorable Discharge, 1992

Medical School: University of Chicago Pritzker School of Medicine
Chicago, Illinois
Degree: M.D.; June 1996

Residency: University of Chicago Hospitals
Residency in Orthopaedic Surgery
Chicago, Illinois; 1996 – 2001

Fellowship: Southern California Orthopedic Institute
Fellowship in Arthroscopy and Sports Medicine
August 2001 – August 2002

Private Practice: Rockford Orthopedic Associates, Ltd.
August 2002 – Present

ACADEMIC AFFILIATION

Clinical Instructor of Surgery
University of Illinois College of Medicine 2003- Present

BOARD CERTIFICATION

American Board of Orthopaedic Surgeons, Part I Passed July 13, 2001
American Board of Orthopaedic Surgeons, Part II Passed July 11, 2004
American Board of Orthopedic Surgery Certified July 2004
Certificate of Additional Qualification: Sports Medicine Certified November 2008

HONORS AND AWARDS

Academic:

Arthroscopy Association of North American Fellow Research Essay 2001
Scholarship Award for "Arthroscopic Pan Capsular Plication for
Multidirectional Shoulder Instability
Omega Chi Epsilon Award for excellence in Chemical Engineering 1985
American Society of Military Engineers ROTC Gold Medal Award 1985
Tau Beta Pi Engineering Honor Society 1984
Omega Chi Epsilon Chemical Engineering Honor Society 1984
Dow Outstanding Junior Chemical Engineer Award 1984
Phi Eta Sigma and Alpha Lamda Delta Honor Societies 1982

Navy:

Naval Achievement Medal with 2 Gold Stars 1992
Awarded for outstanding leadership and achievement
Southwest Asia Service Medal with Bronze Star 1991
Kuwait Liberation Medal (Saudi Arabia) 1991
Kuwait Liberation Medal (Kuwait) 1991
National Defense Service Medal 1991
Awarded for service in Operation Desert Shield
Armed Forces Expeditionary Medal 1990
TOPGUN Graduate 1989
Squadron selectee for the Navy Fighter Weapons School
Commodore's List (ranked first in flight school class) 1986
Qualified Submarines "Silver Dolphins" - USS Ohio Class 1983
Ballistic Missile Submarine Patrol Pin 1983

PUBLICATIONS AND PRESENTATIONS

1st Annual Primary Care Symposium, Coordinator and Presenter: “Shoulder Injuries.” Rockford, Illinois 2012

“AAOS Presenter for Webinar Series: Are You ready to Take the EMR Plunge in 2011?”- Part 3: Pre-post Implementation issues. December 2010

“AAOS Presenter for Practice Forward: Managing Your Practice Ahead of the Curve”. Guide to Successful Implementation of EMR into your Practice. September 2010.

“AAOS Presenter for “Shoulder, an Arthroscopic Odyssey.” Arthroscopic Portals. 2007

Whitehurst, JB, Snyder SJ, Karzel RP, Loren GJ. “Arthroscopic Pan Capsular Plication for Glenohumeral Multidirectional Instability”. Presented at the 22nd Annual Meeting of the Arthroscopy Association of North America. Accepted for publication in *Arthroscopy: The Journal of Arthroscopic and Related Surgery*

Millstein ES, Whitehurst JB, Fox JM. “Arthroscopically Assisted Quadruple Bundle Hamstring ACL Reconstruction: 10-15 Year Follow-up”. Poster Presentation at the Annual Meeting of the American Orthopaedic Society for Sports Medicine, 2004.

University of Chicago Primary Care Orthopaedics Course, Faculty Member: “Common Lower Extremity Sports Injuries”, Chicago, Illinois 2003, 2004/

Lab Master Instructor, Arthroscopy Association of North America, Foot and Ankle Arthroscopy Course, Rosemont, Illinois 2002, 2004.

“WebMD/EMedicine, Sports Medicine section for Continuing Medical Education.

Grand Rounds, University of Illinois, SwedishAmerican Hospital, “Pediatric Sports Medicine: Diagnosis and Treatment”, Rockford, Illinois, March 2003.

SF Saint Anthony Medical Center 64th Annual May Day Clinic Faculty Member: “Update on Sports Medicine”, May 16, 2003.

Whitehurst JB, Fox JM: “Allograft versus Autograft Anterior Cruciate Ligament Reconstruction: 5 to 12 Year follow-up”. Presented at SCOI Fellow’s Day, June 1, 2002.

Whitehurst, JB, Snyder SJ, Karzel RP, Loren GJ. “Arthroscopic Pan Capsular Plication for Glenohumeral Multidirectional Instability”. Presented at SCOI Fellow’s Day, June 1, 2002.

Draganich LF, Whitehurst JB, Chou, LS, Piotrowski, GA, Pottenger LA, Finn HA: “The Effects of the Rotating Hinge Total Knee Replacement on Gait and Stair Stepping.” The Journal of Arthroplasty; Vol. 14:743-755, 1999.

Brage, M, Bennett C, Whitehurst J, Getty P, Toledano A, "Observer Reliability in Ankle Radiographic Measurements", Foot and Ankle International Vol. B, 324-329, 1997.

Presented at the 62nd Annual Meeting of The American Academy of Orthopaedic Surgeons (1995), Orlando, FL.

PROFESSIONAL SOCIETIES

American Academy of Orthopaedic Surgeons	1996 – Present
American Orthopaedic Society for Sports Medicine	2002
Arthroscopy Association of North America	2002
Winnebago County Medical Society	2002

SPORTS MEDICINE PROFESSIONAL ACTIVITIES

Team Physician, Rockford Ice Hogs Professional Hockey Team	2003 - Present
Team Physician, Rockford Lightning Professional Basketball Team	2002 - 2005
Team Physician, Rockford RiverHawks Professional Baseball Team	2004 - 2005
Team Physician, Rock Valley Junior College	2004 - Present
Team Physician, Guilford High School	2003 - 2005
Team Physician, Rockford Boylan High School	2004 – Present
Rock Valley Junior College	2004 - 2008

Hospital	
Chairman Rockford Memorial Hospital	2007 - 2010

January 2012