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Study published indicating preference for arthroscopic technique developed by Scott Trenhaile, MD of Rockford Orthopedic Associates

ROCKFORD, IL January 28, 2014 ... A study titled "All-arthroscopic patch augmentation of a massive rotator cuff repair: surgical technique" was published in the November 2013 edition of the online journal <u>Arthroscopic Technique</u> to describe a preference by the researchers for a surgical technique developed by **Scott Trenhaile**, **MD**.

The study demonstrated the promising short-term results of arthroscopic rotator cuff repair using patch augmentation. This technique was developed in 2007 by Dr. Trenhaile to help improve the success rate of surgical repair for large rotator cuff tears coupled with compromised tendon quality.

Dr. Trenhaile's practice at Rockford Orthopedic Associates is focused on arthroscopic surgery of the shoulder, elbow, and knee, and treatment of sports- or activity-related injuries. He serves as team physician to many local sports teams at the high school, college and professional levels and as Clinical Assistant Professor at the University of Illinois College of Medicine and adjunct Clinical Instructor at Midwestern University. Dr. Trenhaile is a frequent speaker and instructor at orthopedic conferences throughout the world and has hosted dozens of international surgeons in Rockford seeking instruction on his advanced arthroscopic surgical techniques. Dr. Trenhaile has been honored with the prestigous peer designation "Best Doctors" each year since 2011.

<u>Arthroscopic Techniques</u> is a peer-reviewed electronic journal that aims to provide arthroscopic and other related researchers and clinicians with practical, clinically relevant, innovative methods that could be applied in surgical practice.

Rockford Orthopedic Associates, Ltd. serves the Northern Illinois region in multi-specialty orthopedics from offices in Rockford, Crystal Lake, and Huntley, Illinois and offers a full range of bone and joint care including the specialties of podiatry, physical medicine and rehabilitation, occupational health and rheumatology. Rockford Orthopedic offers the ancillary services of physical therapy, MRI, and an out-patient surgery center. #