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For further information contact: Lynne Pratt
Marketing Manager
Rockford Orthopedic Associates, Ltd.
815-381-7382 phone
lynnep@rockfordortho.com

**Local Surgeon Develops Less Invasive Technique
for Repairing Rotator Cuff Repairs**

ROCKFORD, IL April 2, 2007 ... **Scott Trenhaile, MD**, of Rockford Orthopedic Associates, Ltd. has been recognized by a world-wide orthopaedic newsletter for developing a revolutionary less-invasive technique for repairing massive rotator cuff tears. *Scope This Out*, an informational newsletter designed to educate orthopaedic surgeons on state-of-the-art surgical procedures featured the technique in its first quarter 2007 edition.

Traditional surgical procedures for repairing the rotator cuff involve an open incision of about 6 - 7 inches to access the damaged tissue. Dr. Trenhaile's technique utilizes arthroscopic technology, which allows access to the damaged area through a small half inch incision utilizing pencil-sized instruments. These instruments contain a small lens and fiber optic lighting to magnify and illuminate the joint structure. After suturing the tear, a tissue patch is secured over the damaged tissue and bone to grow into the tendon and increase structural support.

"This all-arthroscopic out-patient approach reduces the morbidity for the patient and provides significant benefits," explained Trenhaile. "There is less blood loss, it is less traumatic, reduces the time spent in the operating room and encourages faster recovery from the surgery."

As a Board-Certified surgeon, Dr. Trenhaile's practice at Rockford Orthopedic Associates is focused on arthroscopic surgery of the shoulder, elbow, and knee, and treatment of sports- or activity-related injuries. He is actively involved in continuing education as Clinical Assistant Professor at the University of Illinois College of Medicine, and adjunct Clinical Instructor at Midwestern University. Dr. Trenhaile conducts clinical outcome studies on sports medicine populations and has authored textbook chapters and journal articles on shoulder and elbow surgery. He serves as team physician to many local sports teams at the high school, college and professional levels.

Rockford Orthopedic Associates, Ltd. (ROA) serves the Northern Illinois region in multi-specialty orthopedics and offers a full range of bone and joint care including the specialties of podiatry, physical medicine and rehabilitation, and rheumatology. ROA offers the ancillary services of physical therapy, MRI, workers' compensation, and an out-patient surgery center. #

... a higher standard of care.